

## Appropriate Riding Attire:

1. Tall well-fitted riding boots or paddock boots with half chaps. NO TENNIS SHOES OR HIKING BOOTS! If you do not own riding boots when you first begin, wear a boot with a heel for safety. Be sure to clean and polish your boots before each lesson or ride.

2. Approved safety riding helmet with chinstrap secured while mounted on the horse is required. No bicycle helmets. When purchasing your helmet, be sure to have it fitted with your hair completely under the helmet and the front placed in the middle of your forehead. Secure long hair and tuck neatly under the back of the helmet. Shorter hair may be secured with a hair net. It is very unattractive and distracting to have hair blowing around your face or helmet.

3. Riding Gloves are very useful, but not required. They can help your grip on the reins, and keep your hands warm in cool weather.

4. No chewing gum, or Cell phones during lessons!

5. No bulky or skimpy tops. Well-fitted riding breeches and shirts (tucked in if needed) are appropriate. It is very difficult for the trainer to critique your equitation (position) with loose fitting un-tucked, t-shirts or tops, blowing around.

6. No loose fitting jewelry or dangling earrings.

7. Take the time to look neat and professional at all times. It reflects on our barn and your horsemanship. Details are a must for this sport!

8. You will eventually need to purchase your own riding crop to bring to your lessons. Remove any wrist strap for safety. When trainer suggests, you will advance to spurs with leather straps. Ask the trainer what size spur as they vary in length.

Note: If you do not have your own riding helmet or half chaps when you begin riding, we have some extras that you may borrow until you purchase your own. Put your name on all riding equipment, as many of the riders have identical products, such as riding crops, helmets, spurs, and gloves!